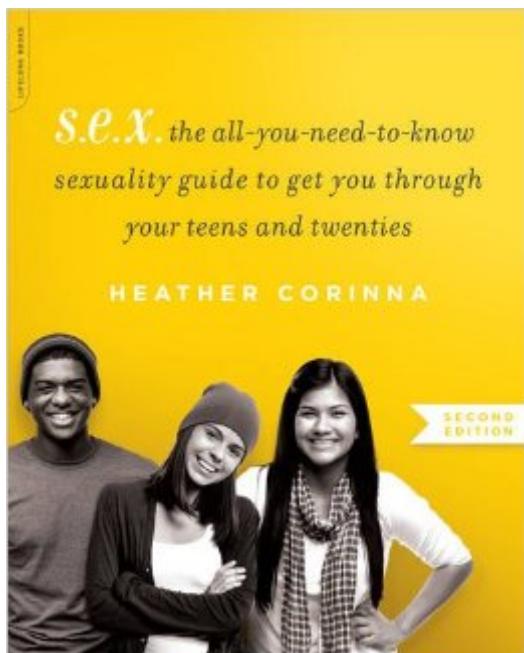


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# S.E.X., Second Edition: The All-You-Need-To-Know Sexuality Guide To Get You Through Your Teens And Twenties



## Synopsis

As a teen or emerging adult, dealing with all the changes going on in your life, body, and mind can be mighty overwhelming. When it comes to sex, everyone seems to have strong feelings and opinions about who you should be and what you should (shouldn't) do. How do you decide who to listen to? Heather Corinna and Scarleteen have provided sex education and information to millions of young people, parents, and mentors since 1998; S.E.X tackles all the big topics:Self-image and how to find and claim your own sexual selfHow to best protect and support your sexual and emotional healthSorting out gender and sexual identities, even when they're complicated and confusingThe latest on contraceptive methods and other reproductive choices, sexually transmitted infections, and safer sexFinding, creating, and managing healthy and happy relationshipsHow to set and respect limits and boundaries, and rock consentIdentifying, preventing, or healing from abuse or assault...and much more.Whatever your gender or sexual identity, whether you've already been actively exploring your sexuality or are only just getting curious, S.E.X clearly spells out what you need and want to know&#151;no shame, no judgement, just comprehensive and accurate info in a clear, straightforward language.

## Book Information

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## Customer Reviews

We got this book for our 16 year old son. Overall this book has really worked well so far... We needed a book that we could use as a conversation starter for our kids... I really like the overall approach to human sexuality that this book provides... as I said... so far so good..

This book is the book that I wish I'd had as a teenager. There is so much invaluable information, and it is presented clearly, and completely void of judgement. I have purchased 4 copies so far. Two for my own teens, and two for my nieces. I will be purchasing two additional copies today, for the teens of close friends. I want this book to spread far and wide, so that Corinna's words can positively impact countless lives.

This is the book I wish would've been available to me when I was coming of age but I'm so grateful that it exists now. I read it from cover to cover and let me tell you that this book runs the gamut on human sexuality. While reading this book, I felt like I had a personal mentor in my corner, educating me on aspects of reproductive biology to advising me on interpersonal relationships. And it's written in a way that isn't belittling to young adults, the information presented is easy to understand and I, even as a forty something adult found it enjoyable to read. I even learned a few things myself. I also love that Heather addresses difficult topics like consent vs rape while also being highly inclusive regarding the issues involving/surrounding transgender, queer, and people living with disabilities who are often overlooked in other sex education books that I've read. I'm passing my copy on to a good friend's teenage daughter. I'm also going to hook up a friend of a friend's teenage daughter with a copy!

Heather's work with young people is truly outstanding. It is based in an unwavering respect for the experiences of teenagers and young adults and a complete commitment to providing accurate, specific, and actionable information about sex and sexuality. Heather's books exemplify these aspects of all of her work, bringing a unique and deep understanding of the social, emotional, biological, and cultural aspects of sexuality to the table. She breaks down these sometimes complex topics like, gender identity and consent, in ways that are accessible and meaningful. As a sexuality educator I am thrilled to be able to recommend the second edition of this fantastic book to students, parents, and other caring adults.

I loved the thoughtful, respectful, caring,, positive tone of this book. So insightful on so many important topics ranging from understanding gender roles, to safe vs. unsafe relationships, readiness, etc.

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